

8-March, 2025

Dear Colleagues, IJP Readers, Members of the Editorial Board & International Advisory Committee, and Members of the EAP Governing Board,

This is my annual IJP Editor's Report and an invitation to join us in our next Editorial Board meeting: **Thursday, 13th March, 2025** – at 09:00 (CET) [08:00 UK time] in the Sigmund Freud University in Vienna: here is the invitation and Zoom link: we hope you can join us.

Join IJP Editorial Board Zoom Meeting

<https://us02web.zoom.us/j/83441234236?pwd=Se2YnjetgMQmxG88VQ74R8qypuptxx.1>

Meeting ID: 834 4123 4236

Passcode: 146555

In 2024, we have published a Special Issue on Integrative Psychotherapy, based on the EAIP 2023 Congress in Georgia (Guest Editor: Marzena Rusanowska). This issue was IJP Spring 2024, Vol 28, No 1., which was followed by another Special Issue on 'Women and Love' (Guest Editor: Susanne Vosmer): IJP Summer 2024, Vol. 28, No. 2. Unfortunately, this issue became delayed until the autumn and the next issue coincided with me developing cataracts, which meant that it was not easy to process the next issue, Vol. 28, No. 3. My sincere apologies! This issue is not lost, just delayed somewhat and will appear shortly.

We have just produced another Special Issue (Spring 2025, Vol. 29, No. 1), on "Psychotherapy in the Ukraine at War", scheduled to coincide with the 3rd anniversary of the Russian invasion in this later phase of the war.

The Guest Editor for the Special Issue, Marzena Rusanowska, met with several Ukrainian psychotherapists and worked with them to produce this Special Issue. It will be available to download from the front page of the IJP website: www.ijp.org.uk just before our meeting (see above).

Having these two Guest Editors doing most of the work and contacts with the authors has been very beneficial, easing my work load, and might signal a way forward for the IJP.

On wider and future issues, we are now approaching our 30th year of publication (in 2026) and I am also approaching retirement as the IJP Editor. I want to / need to step down as Editor sometime quite soon in the next few years and – as yet – there are no future plans: just some possibilities.

1. That we are able to find a brave and talented soul to step forward and become the new IJP Editor. They would need to fulfil certain criteria (some editorial experience, good written English, professional clinical experience as a psychotherapist, etc.) and be able to commit for at least a few years.

I could help them take up some of the background and technical tasks in a transition process over the next 2 years or so. The IJP website would need to be ‘migrated’ to another server; and a couple of other projects (including doi-listing) would need finishing off.

2. If there is no-one appropriate or available, the EAP would / could / should decide to publish the IJP (by sale or transfer) through one of the main journal publishing houses (Elsevier, Wiley, Taylor & Francis, Springer, SAGE, etc.), who would manage all the technical aspects of the journal: website, production, distribution, etc. This would assist any new Editor, but this might mean that the IJP could lose some of its independence and its openness to publishing non-research articles from new authors. There could also be some considerable benefits. (N.B. The IJP’s excellent ‘sister’ journal, *the European Journal of Psychotherapy & Counselling* with my colleague, Professor Del Loewenthal as Editor, is published by Taylor & Francis, with many ‘open access’ articles available. This Journal is now affiliated with the UKCP.)
3. The third option is to say that 30 years is “good enough”, shut down the Journal, and the EAP can focus its resources in other ways.

These possibilities – or ‘decisions’ – are ultimately for the EAP’s Governing Board, and they are becoming increasingly immanent. They are not for me to decide. I look forward to the next couple of years and trust that things will work out well.

Courtenay Young
IJP Co-Editor