

# International Journal of PSYCHOTHERAPY

IJP Celebrating  
**20**  
YEARS  
1996-2016

Dear Members of the IJP Editorial Board and ‘International Advisory Board’ and to all our Readers,

## **The Good News**

It seems that we shall now have to re-design this logo (above) to make it “IJP Celebrating 25 Years” as we move into this – our 25<sup>th</sup> year of publication.

This last year has been very difficult for everyone with the CoVid pandemic, lock-downs, earthquakes, terrorist attacks, financial hardships, deaths of friends and loved ones – and especially our colleagues **Mony Elkaim & Maria Gilbert**, etc.

We have also had our difficulties in the Journal as well. Some of these are now – similarly (hopefully) to Brexit – becoming resolved in the last few days of 2020.

## **e-Journal**

So, it was decided in October 2020, at the EAP Board ‘Zoom’ meetings, that, as from March 2021, the Journal will be distributed to potentially (about) 120,000 European psychotherapists. We have yet to decide, I think, whether all 6,000 +/- ECP holders will also receive e-copies of the Journal, but I trust that they can, at relatively little extra effort.

All EAP Member Organisations – NUO/NAOs + EWO/EWAOs + Ordinary Organisations – including all EAPTIs – will definitely receive a copy of each issue of the e-Journal that they can distribute to all their members. EAP Individual Members will also get their copy of the e-Journal.

Attached to this notification, are 3 “copies” of the most recently typeset e-Journals: as a sort of “taster”. There are still 2 more issues to come to bring us completely up-to-date. Then we can start afresh in 2021.

## **Print Copies**

Since the decision in February 2019, to cut the IJP Budget by 25%, we have had some difficulties with finding alternative ways to produce the Journal. We had already planned to make changes towards an e-Journal prior to this, and we had allowed a year for this. With the unplanned interruption, it has taken almost 2 years. We will still produce some print copies for Library subscriptions and our main organisations’ offices, but these may be limited to about 150 (rather than the previous 500). There have been some complications, especially with CoVid shut-downs, in getting full clarification as to the cost of these, and to how and who distributes these. Also, a couple of previously typeset issues did not fit their “technical” requirements, so these had to be re-typeset.

## **Back Issues**

I would like to remind you that copies of all Back-Issues (since 2008) - and all articles within them - are available via our IJP website CATALOGUE and a list of **all** back issues and articles is available from the IJP website ([here](#) and/or [here](#)). We charge a ridiculously low price for these Back Issues and articles as PDF downloads: - usually €3.00 per article or €12.00 per issue, so as to promote European psychotherapy.

## **Future Subscriptions**

With these changes, we are re-looking at our Internet and Print subscriptions, but that would now only be relevant for non-EAP institutions and people.

You could always try to persuade your college or institute’s library to subscribe to the Print version (€100 p.a. for smaller (<100 people) or Eastern European institutions; €150 p.a. for larger or Western European institutions).

### **And Now for the Bad News**

We recently applied to Scopus for an Impact Factor and unfortunately received a negative response: deferred for 2 years. We can deal with some of their minor issues ourselves; but one of their main objections was that:

... **we did not have enough IJP articles “cited” in other published Journals with impact factors.** And, we – ourselves – can do absolutely nothing about this ... except to ask YOU ALL ... that whenever you write an article for a *different* Journal, please make sure that you cite – as references – some of the already published articles from the IJP back list: either your own, or others on a similar topic.

Please print out the list of **Back Issues and Articles** (see above) and have this alongside you when you write an article for another Journal which has an impact factor ... and just include a few of our articles amongst your references. That’s how it works!

### **Obituaries**

The other “bad news” concerns the deaths of two – those that we know of – of our long-standing colleagues: the much-loved **Mony Elkaim** and the very dedicated **Maria Gilbert**. We are collecting remembrances, photos, snippets, stories about them and will publish these in the next issue – coming out soon: Spring 2021. Please send them in by e-mail as soon as possible to: [admin@ijp.org.uk](mailto:admin@ijp.org.uk)

If you wish to change your status; or to receive any PDF files of any Back Issues – free of charge (of course); or to offer any ideas or thoughts for the Journal – please let us know.

A very happy, warm and safe New Year to You All

Courtenay Young  
IJP Editor  
Snowy Scotland, 31 December, 2020