

Dear Authors

The Editorial team and I would like to apologise – most sincerely – for the delay in publishing your article. A year or so ago, we had a plethora of articles (about 20) all coming in at roughly the same time. Given that we could only publish about 5 or 6 of these articles in a single issue because of the increased postage costs, we were – in effect – faced with a rather nasty bottle-neck, or ‘traffic-jam’.

We have already had to make a number of quite significant changes, so – as a result: **(a)** we have raised the standard of acceptance – especially with respect to research articles; **(b)** we have spent less time on suggesting edits to ‘proper’ English, syntax, punctuation, etc.; and **(c)** we have also discriminated more towards articles that are specifically to do with psychotherapy, rather than including other articles, perhaps better suited to journals about various aspects of psychology. However, it seems that all this was not enough! Whomsoever is ‘up there’ had different plans.

We were planning to change a rather outdated production system, whereby the Journal’s 500 printed copies were type-set and printed in Lviv, Ukraine; then transported across two or three international borders to Budapest; and then posted out from there. We also made articles and issues available as PDF downloads, via the IJP website. This – in terms of time, effort and money – had become unworkable and less suitable for this modern “Internet” age.

We had also decided that we– still – wanted to be more of an ‘independent’ Journal and not become swallowed up by one of the major publishing houses. We felt the more personal and non-production-line processing of manuscripts was a distinct ‘selling point’ to our authors.

So, next year, in 2020, we were planning to switch-over to becoming more of an ‘Internet’ journal, with fewer printed copies. Our decision was then very suddenly ‘brought forward’ due to external financial pressures, as our annual budget with the EAP was cut by 25%. Since, we were already committed to the 2019 March issue (Vol. 23, No. 1) that was already in production, this unannounced cut has had a devastating impact on our production schedule and methods.

However, there may be some good news coming out of this change, but we have had to spend considerable time throughout this spring in: **(i)** contesting the way and manner that this decision was come to; and **(ii)** in doing some investigation as to suitable alternatives. This has added to the delays in production of the next issue (Vol. 23, No. 2, July 2019). And so, added to the ‘traffic-jam’, we have now had to contend with an effective ‘round-about & detour’ as well.

The potential good news is that – as the printing & postage costs will now be reduced – we will be able to publish more articles in each issue. This should also help us to clear most of the backlog. We also have another “Special Issue” on Transactional Analysis psychotherapy in the pipeline, and we might (just) be able to slip this “Special Issue” into the production schedule as an ‘extra issue’, so that you should not have to wait any longer for your article to be published.

I will be in touch with you all, you – the authors in the traffic jam, so to speak – individually, as well as collectively, within a week or so, and so I will then be able to update you all on the publication of your article. Again, we present our sincere apologies for all these delays.

Courtenay Young (IJP Editor)

Marzena Rusanowska (Assistant Editor)

Alicja Heyda (Executive Editor)

Tom Ormay (Publishing Editor)

Alexander Filz (Associate Editor)