

IJP Editor's Report to the EAP Governing Board: October, 2020.

Dear Colleagues, dear Friends,

My apologies for the length of this report. This report has been modified a bit by discussions / decisions made in the IJP Editorial Board meeting on Thursday 15th October (09:00-11:00 CET). There are several points that the EAP Governing Board needs to be aware of and possibly decide upon.

Point 1: Personal Issues

With respect to the last (fairly horrendous) 18-month “interim” period (or “hiatus”), I can say that – looking back – not only was I completely disheartened and discombobulated about the sudden decision in Feb. 2019 to make a “cut” of 25% (€5,000) to the IJP 2019 budget, passed by the EAP Governing Board and AGM, and particularly about the atrocious way that this ‘decision’ was ‘delivered’.

A couple of months later – in April 2019 – I had to have an operation to install a pacemaker to correct an arrhythmic heart-beat, and whilst I have largely ‘recovered’ physically since then; I realise (now) that I was still ‘emotionally’ shattered and very, very disheartened. Around that time, I was seriously considering resigning from the IJP and from the EAP.

Shortly after this, I also became ‘engaged’ with a new (quite lucrative) ‘editorial’ contract that has been taking up quite a lot of my ‘editing’ time: this will end in a few months.

Also, my rucksack containing my lap-top computer (+ back-up hard disk) was stolen at Malaga airport in July 2019, when on holiday, and, whilst I was able to recover much (via the ‘cloud’) quite a lot of documents (old and new) were also lost.

And I was then quite ill again during the EAP meetings in Vienna this last February 2020 (possibly / probably with some other version of a corona virus), and then along came the CoVid-19 pandemic with the subsequent lock-down in March 2020, from which we all emerged and towards which now seem to be going back.

I feel that I ‘personally’ am – now (Oct. 2020) – only *just* emerging from all this ‘hoo-bra-ha’ concerning the Journal and the EAP that started in Feb. 2019: 18 months ago.

Point 2: The “Old” Gives Way to a “New”

The “old” system, whereby the Journals were typeset and printed in Lviv (Ukraine) and then 500 printed copies were shipped to Vienna and/or Budapest and distributed from there was quite expensive and a bit “clunky”. This “old” system also cost us about €10,000 per annum (€4,000 for typesetting & printing; €2,000 for an office in Budapest, and about €4,000 for postage). With the 25% budget cut, this “old” system became impossible and so this “old” production system had to be shut down completely in March 2019.

The IJP Editorial Board (see IJP Report to the Governing Board in January 2019) had already decided to shift towards more of an “on-line” e-Journal, with fewer printed copies, but we had allowed for a year for the transition – so as to get this set-up properly. Now, with the 2019 budget cut, there was no transition period available at all.

We managed to get a couple of versions of the next two issues (Vol. 23, No. 2, July 2019 & Vol. 23, No. 3, Nov. 2019) typeset, however – for totally unforeseen technical reasons – we could not print from these typeset versions, so we had to start all over again.

We have now got the beginnings of a new “system” – with typesetters in Bulgaria, producing an e-Journal and also using a “Print-On-Demand World-wide” printers with depots in Britain, USA, Europe & Australia for any printed copies that we need.

The estimates for this new production system (which is not yet definite, as we have only just started) will come certainly a lot less than €10,000. It will also be a lot more flexible.

Point 3: Getting Up to Date

The **July 2019** issue, **Vol. 23, No. 2** – (A “New Look” for the IJP) was put up onto the IJP website as a “free” digital copy – so as to create some continuity, but it has never been printed. This version has now been re-vamped and a digital e-Journal is attached to this report. We now need to get some issues printed – for our records and for the Library subscriptions (see below), plus, some other copies for EAP organisations. How many depends on what is now to be decided in the IJP Editorial Board and in the Governing Board meetings.

The next issue, **Vol. 23, No. 3, Nov 2019** - a ‘Special Issue’ on TA – has been all finalised and we have a good digital copy (e-Journal) and again, I shall be getting a few copies printed shortly, plus the 100 copies that the EATA wants (and that we sell them at “cost price plus” = €10.00). The digital e-Journal copy is attached to this report.

The first issue this year, **Vol. 24, No. 1, March 2020** – is also finalised, typeset, and I shall be getting some copies printed shortly. A digital e-Journal is attached to this report.

The “Current issue”, **Vol. 24, No. 2, July 2020** is also complete and will be going to the typesetters very shortly: so, it will be “out” soon; and ...

The “Forthcoming” issue (**Nov. 2020: Vol. 24, No. 3**) – a ‘Special Issue’ on Gestalt Psychotherapy – is currently being peer-reviewed, and then the reviews need to be considered by the authors, and then we can go to print.

These 5 “new” issues will form the basis of the new IJP Journal ‘Bank’ held with the “Print-On-Demand-Worldwide” company, so that any future orders for any printed copies can be made “on demand” – and then sent out directly by the printers. Therefore, we don’t have to keep masses of back issue copies in someone’s office and post them out.

We should therefore be up-to-date very soon – and it will have taken us 18 months, rather than the 12 months we planned originally – and we can start working on the next issue: **Vol. 26, No. 1, Spring 2021**. We have several articles that have come in to be reviewed for this issue and we are looking (as always) for new reviewers: please, go to the IJP website.

We are also looking at the possibility of two new ‘Special Issues’: one on “Psychotherapy with Special Client Groups” – refugees, children, people with special needs, people with psychiatric disorders (including NPD); and one possibly on “Appropriate Psychotherapy Research”.

Point 4: Governing Board

When I – just recently – was able to read the minutes of the Governing Board in Vienna, Feb. 2020, I was totally astonished, astounded, gob-smacked – whatever – to read that there were two motions or statements made about the Journal. I was (as mentioned) quite ill at the time and could not attend these meetings. I have only just had access to these minutes – in early October 2020. No-one has communicated anything about these motions or statements to me before then. These two statements were (in blue, as quoted):

“That the EAP Governing Board recognises and commends the excellent work of publication over the last 24 years and reaffirms its support for the *International Journal of Psychotherapy* as the academic, professional and scientific organ of the EAP, as an indispensable expression of the first clause of the *Strasbourg Declaration* of 1990, that: “Psychotherapy is an independent scientific discipline, the practice of which amounts to an independent and free profession”.

Vote to accept this motion: 57 for, 3 abstentions

"The IJP Editorial Board recognises the current financial constraints of the EAP and that there are several different publication, printing, distributing and marketing strategies for the Journal, both internally and externally: each of which has significantly different financial implications. Therefore, the IJP Editorial Board suggests to the Governing Board that these different options are best handled via recommendations coming from the EAP Marketing Group."

Tom asked why the Marketing Committee should be involved in the Journal? Heward said there should be a connection; Celia added the journal would have to be adapted to the new EAP style. Ingrid said to date she did not have any information on this from the Marketing Committee. Elfriede said she felt rushed by this motion and she proposed to postpone it to the next meeting in Pristina. Charles said he would be in favour to just vote for the first motion and have the second postponed.

Firstly, I therefore make a plea (a proposal) (**Proposal 1**) for the Governing Board to allow "Draft Minutes" of all of its meetings to be circulated to its members within (say) two or three weeks of the actual meeting. Then we – the members of the Governing Board present or otherwise – would know about, and be reminded about, any discussions and/or decisions made; and then we would be able to act on any recommendations or decisions, rather than not knowing about them for the next six months. Other committees might want to install a similar 'condition' or 'protocol' (**Proposal 2**).

Secondly, I noticed that – in these minutes – (even though I was not present **and** had sent my apologies (via Heward) – I was "down-graded" to being an "Observer". This is, of course, incorrect, I would like / require a change to those minutes (**Proposal 3**), for the following reasons:

- In the EAP Statutes (§5.1.4), it states that the composition of the Governing Board includes: *"One delegate of each Committee created by the General Meeting or the Governing Board."*
- In §5.2.5, where it lists the Committees that may be appointed, it states: *"An Editorial Board of the International Journal of Psychotherapy"*.
- In §5.2.5.2, it states: *"Members of other committees in 5.2.5 must be a delegate of a National, European or Ordinary Organisation, or an Individual Member of the EAP, in good standing."*
- And in §5.2.5.3, it states *"The Chairs of Committees will be drawn from the membership of that Committee, and nominated by the Committee to the Governing Board, which will vote on such nominations."*

I believe that these all qualify me to be a member of the Governing Board: a status that has been in actuality for at least 9 years, since I became the IJP Editor in 2011. This would mean that my maximum term of being the Chairperson of this "Committee" would come to an end in 2021 (see §5.2.5.4): however, this does not necessarily mean that I would have to stand-down as the Journal's Editor. It would therefore be up to the "Committee" – the IJP Editorial Board – to elect a new Chairperson, and that person (or their representative) would be their delegate to the Governing Board.

Thirdly, with reference to the second statement, and as per this "report", I am happy to liaise with the Marketing Group, as well as with Alexander Reider (EAP Treasurer), so as to move the Journal forward – with the EAP – in the best possible way. I just wish that someone had told me about this discussion point earlier so that we could have started in on this 'liaison' already.

In the IJP Editorial Board meeting, there was a positive discussion about several points.

Point 5: Moving Forward

I am hoping that – at the IJP Editorial Board meeting in mid-October (by Zoom), we will consider how we can "move forward", and in which direction – towards where? And – maybe you will hear more about some of this later. We still have quite a bit of "tidying up" to do, before we can move on clearly.

Firstly, In the meantime, with the approval of the EAP Executive Committee, we have given all the EAPTIs a "code" so that their students / trainees can access back copies of the IJP (both articles and issues) totally **free-of-charge**. If we estimate 100 trainees (average) per EAPTI, then that is about 10,000 potential new 'readers'.

We feel that this is the best possible use – at no additional cost, except perhaps for a small loss of revenue – of the incredible resource of the last 24 years: i.e. of about 80 issues and nearly 600 articles (see below). This will, of course, limit the potential “income” of the IJP just a little, via its website, of €12 per issue, and/or €3 per article. To date, since 1st-April, 2020, there have been 52 articles downloaded “free-of-charge”. Hopefully, these newly qualifying psychotherapists emerging from the EAPTIs will start to see the IJP more as “their” journal and a new generation of psychotherapists will be interested enough to subscribe to and contribute to the IJP.

So, I would like to propose that this decision is confirmed (**Proposal 4**).

Since all EAPTI students / trainees now have a code-word that gives them access to all previously published articles (see below), we should perhaps consider giving this facility to others: possibilities could be:

- All Individual Members;
- All members of all EAP Organisations;
- All ECP holders on the Register.

Maybe this proposal (**Proposal 5**) can be discussed as well at the Governing Board meetings this October.

Point 6: Getting an Impact Factor

We still need to get a really good “proper” impact factor: the one(s) we have at the moment are somewhat inadequate and only quasi-professional. However, the “hiatus” of the last 18 months (caused by the Feb. 2019 decision to cut the budget – see above) will probably set us back by a couple of years, as one of the factors that these database companies consider very important is ‘punctuality’ of production. I have just re-applied to “Scopus” – but this may take at least 6 months to 1 year before we even get a reply.

We also need to consider what other indexing databases exist that we could apply to: there are several possible suitable ones. More on this later.

Point 7: Internal Income for the IJP

We are still financially dependent on all of the EAP ‘Member’ Organisations (NUOs) paying a ‘subscription’ to the Journal of €100.00 per annum (from small (<150 people) and ‘Eastern’ organisations) or €150.00 per annum (from large (>150 people) and ‘Western’ organisations). This subscription is in addition to their annual EAP Membership Fee.

In the past, the NUOs & EWOs have received 3 printed copies in return for their Journal subscriptions. All (paid-up) Ordinary Organisations (OOs) and all paid-up EAP Individual Members have received 1 printed copy – as a ‘benefit’ of their membership fee.

Given this fairly massive change-over – as described above – from a fixed number (500) of printed copies of 3 issues p.a. – to **an e-Journal + some printed copies**, we can re-structure the finances and the distribution of the Journal.

So, **I now propose (Proposal 6)** that the 3 printed copies to EAP Member Organisations (NUO & EWO) will become reduced to 1 printed copy, **plus** a digital copy of the e-Journal. This digital copy of the e-Journal can then be forwarded to all of their individual members: potentially about over 100,000 psychotherapists. Alexander Reider is considering a similar “add-on” to the EWO annual subscriptions: either €100 or €150 p.a. (as above) for a printed copy and an e-Journal.

Additionally, it is proposed that all EAP Individual Members will now just get a digital copy of the e-Journal, instead of a printed copy. (**Proposal 7**)

If anyone wants a printed copy, there will be a cost of about €10.00 per copy for printing & postage). These changes mean that our “printing and postage” costs will become minimised (to anything between about 100 to 250 +/- copies) and our “readership” can multiply exponentially – maybe to about 100,000 to 120,000 people (though not all will read English).

This therefore constitute a set of proposals to the EAP Governing Board and these will need to be voted on. Details about these proposal can be discussed and amended in October 2020, and then (hopefully) finalised at the Governing Board meetings and AGM in February 2021.

Point 8: External Income for the IJP

We currently earn about **9 x €150** per annum from a number of EBSCO “Library” subscriptions, which equal about **€1,350 per annum**. However, in order to fulfil our commitment to these subscribers, we will need to provide them with printed copies. However, there has been a “disruption” in their supply since March 1999. We are now nearly ready to rectify that disruption and – with the new set of “print copies” – we should now be able to meet all of our commitments. Hopefully, these “Libraries” will continue to subscribe to the IJP.

We also have the promise of about **€1,000 from EATA for 100 printed copies** of the Nov. 2019 issue, (@ €10.00 each) of the **Special Issue on TA** (Nov. 2019), and, whilst these copies will cost us ‘something’ for printing and shipping, we still make a significant amount of extra income – as well as – gaining prestige from the succession of these ‘Special Issues’ ...

We have another Special Issue on Gestalt Therapy scheduled for Nov. 2020. Hopefully, they will also want some printed copies. Similarly, the proposed ‘Special Issue’ on Refugees etc. might generate external income from the scheduled EAP Conference on refugees in Pristina, in Oct. 2021.

These items of income – plus additional income from the IJP website – can add some extra to make the “New Look” Journal to even more financially viable. Hopefully, we will be able to find other sources of external income, as we expand our customer base.

Point 9: A new Application to become a Member of the IJP Editorial Board

We have also just received a new application for someone to become a member of the IJP Editorial Board from Dr. Susanne Vosmer, a UK Clinical Psychologist, who has been reviewing a number of books for us: her CV is attached to this e-mail (for IJP Editorial Board members only). We therefore voted to approve her application at the IJP Editorial Board meeting and she was accepted. She now becomes one of the few people on the IJP Editorial Board who does not have a close connection with the EAP: and, since there are now no meeting costs (travel & accommodation) this is not a problem.

Paul Boyesen also joined the IJP Editorial Board meeting and has volunteered to become a permanent member. As a past-President of EAP, his ‘election’ was instantaneous.

Point 10: Proposals to the Governing Board (needing a seconder, then a vote):

- 1. It is proposed that** the Draft Minutes of the Governing Board are circulated within two weeks of the meeting.
- 2. It is proposed that** the draft minutes of other committees are circulated within three weeks of the meetings.
- 3. It is proposed that** the Chairperson of the IJP Editorial Board (or its representative) is a ‘proper’ member of the EAP Governing Board.
- 4. It is proposed that** the Governing Board affirms the decision (made by the Executive Committee, at the request of the IJP Editorial Board) to give a “code” to all EAPTI organisations: so that their trainees can access the IJP Catalogue (see below) free-of-charge.
- 5. It is proposed that** the offer of giving out this ‘access code’ could be extended to: **(a)** all EAP Individual Members; **(b)** to all other EAP Organisations (NUO/NAO, EWO/EWAO, OO, etc.); **(c)** all ECP holders on the EAP Register.
- 6. It is proposed that** the “internal” financing arrangements of the Journal be changed somewhat: that EAP Organisations (NUO/NAO) who currently pay: **either** €100.00 per annum (for small (<150 people) and ‘Eastern’ organisations); **or** €150.00 per annum (from large (>150 people) and ‘Western’ organisations) continue to do so. In return, they - and the EWO/EWAOs - have all received 3 printed copies of each issue.

Instead, **it is now proposed that** all NUO/NAOs and EWO/EWAOs will **now** get just 1 printed copy of the Journal **and** a digital copy of the e-Journal, which they can then forward to all of their members. This should increase our circulation to more than 100,000.

7. Currently, all EAP Individual Members get 1 printed copy of each issue of the Journal. **It is proposed that** now all Individual Members will now get a digital copy of the e-Journal. If anyone wants a printed copy, there will be a surcharge of about €10.00 per copy (including postage). These last two motions may need to be confirmed at the AGM in Feb. 2021.
8. **It is also proposed that:** all EAPTIs (as EAP Ordinary Organisations) should pay €100.00 or €150.00 p.a. (from 2021) towards the Journal and they will receive 1 printed copy of the Journal **and** a digital copy of the e-Journal, which they can then forward to all of their trainees.

This concludes the report about the Journal. Some of these points have been endorsed – and/or added to – as a result of the IJP Editorial Board meeting (Thursday 15th Oct.: 09.00-11.00). Attached to this report is the list of all the published articles in the Journal since 1996. This what we are making available to those involved with the EAP in the **Proposal 5.** above.

Also attached to this e-mail, are the three new “New Look” e-Journal issues mentioned above.

I apologise for the “lateness” of this circulation, but I needed to include decisions made in the IJP Editorial Board meeting this morning.

Courtenay Young

IJP Editor

International Journal of Psychotherapy

BACK ISSUES LIST: THE LAST 24 YEARS

The International Journal for Psychotherapy (IJP) is a peer-reviewed, scientific journal. It is published three times a year in March, July and November by the European Association for Psychotherapy (EAP).

Volume 1, Number 1, June 1996

Forward: Aims and objectives of International Journal of Psychotherapy: *Heward Wilkinson & Alfred Pritz*

Editorial: Psychotherapy at the Crossroads: *Heward Wilkinson*

The future of psychotherapy in Europe: *Emmy van Deurzen-Smith*

Critical issues confronting the profession of psychotherapy: now and into the new millennium: *Carl Goldberg*

Group leaders: charisma and possible dangers in religious congregations, political movements and psychotherapy schools: *Raymond Battagay*

From the 'discomfort of civilisation' to creative adjustment: the relationship between individual and community in psychotherapy in the third millennium: *Margherita Spagnuolo Lobb, Giovanni Salonia & Antonio Sichera*

Testing a rational emotive behaviour therapy theory: the effects of rational beliefs, irrational beliefs, and their control or certainty contents on the functionality of inferences – II. In a personal context. *Frank W. Bond & Windy Dryden*

The politics of transformation / the transformation of politics: *Andrew Samuels*

True dialogue requires the appreciation of difference: *Ken Evans*

The structure and formation of national umbrella organisations in psychotherapy: *Digby Tantum*

20th century psychotherapy: a plea for methodically reading the human being: *W. J. Maas*

Volume 2, Number 1, May 1997

Editorial: New wine and old wineskins: *Heward Wilkinson*

'The sins of the fathers ...': human sacrifice and the inter- and trans-generational neurosis / psychosis: *James S. Grotstein*

Embodiment in the therapeutic relationship: main speech at the First Congress of the World Council of Psychotherapy, Vienna, 1-5 July 1996: *David Boadella*

Awakening sensibility: recovering motility: Psycho-phuysical synthesis at the foundations of body-psychotherapy: the 100-year legacy of Pierre Janet (1859-1947): *David Boadella*

Quasi-family: quasi-psychotherapy: 5 years of living together, black and white, in South Africa: *Len Bloom*

The healing context and efficacy in psychotherapy: psychotherapy and the placebo phenomenon: *Tor-Johan Ekeland*

Opening address by the EAP President to the 1st World Council of Psychotherapy Congress 1996: *Riccardo Zerbetto*

Developing a European Certificate of Psychotherapy: *Emmy van Deurzen & Digby Tantum*

Psychotherapy and Democracy: *Michael Pokorny & Alexandra Fanning*

Volume 2, Number 2, November 1997

Editorial: Where the wild wind blows: *Heward Wilkinson*

A response to the challenges to 'The sins of the fathers ...': *James S. Grotstein*

The Scale of Responses: Emotions and the mood in context: *Hazel Guest & Ian Marshall*

The lived experience of change in psychotherapy: client and therapist perspectives: *G. Straker & R. Becker*

Chautauqua Institution Lecture: the responsibilities of virtue: *Carl Goldberg*

Assessment of spiritual quests in clinical practice: *Andrés G. Niño*
Sophia-Analysis: therapeutic approach and anthropological sciences: *Denis Chatelain*
The state of psychotherapy in Moscow: *Alexander Sosland*

Volume 3, Number 1, March 1998

Editorial: Identity and diversity in psychotherapy – will too many fishes break the net? *Heward Wilkinson*

On love: 1: The myth: unveiling and essence: *Michael Lukas Moeller*

Essence and Ground: Towards the understanding of spirituality in psychotherapy: *David Boadella*

The alchemist's nightmare: gold into lead – the annexation of psychotherapy in the UK: *Denis Postle*

Group psychotherapy in schizophrenic patients: *M.M. Muchnik & E.M. Raizman*

Volume 3, Number 2, July 1998

Editorial: Survival, communication and excommunication in psychotherapy: *Heward Wilkinson*

Money and Psychotherapy: object, metaphor or dream: *Jeremy Holmes*

An integrative model for brief term intervention in the treatment of psychological trauma: *G.T. Eagle*

Phenomenological causality: and why we avoid examining the nature of causality in psychotherapy: a dialogue: *Heward Wilkinson*

Stereotypes of Psychotherapists: a content-analytical study of medical and psychology students: *Kirsten von Sydow, Tanja Henning & Christian Reimer*

Volume 3, Number 3, November 1998

Editorial: War and Peace and sheer Confusion: *Heward Wilkinson*

The indifference of psychoanalytic practice to social and moral responsibility: *Carl Goldberg*

Psychotherapy in the USA: a manual of standardized techniques or a therapeutic relationship? *Richard G. Erskine*

Linking: Its place in therapy: *John Rowan*

Clinical psychology, psychotherapy and mental health: contemporary issues and future dilemmas: *Luis Botella*

Alchemy, daydreams and fictions: psychotherapy in Britain today: *Michael R. Pokorny*

Psycho-sociological analysis as a basic tool for social change: *Luigi De Marchi*

The Sophia University of Rome and the European Union: *Alfio Milazzo*

Volume 4, Number 1, March 1999

Editorial: Vision; hallucination; the nature and goals of change in psychotherapy: *Heward Wilkinson*

Being together in the therapeutic relationship in schizophrenia: *Daniel Dorman & Catherine Penney*

Anthropology, psychoanalysis, psychosis and the self: an interview with Paul Williams: *Anthony Molino*

Schizophrenic process: the emergence of consciousness in recent history and phenomenological causality: the significance for psychotherapy of Julian Jaynes: *Heward Wilkinson*

Change: What is at stake? *Norbert Apter*

Sophia-Analysis and the existential unconscious: *Ombretta Ciapini Bonvecchi*

Volume 4, Number 2, July 1999

Editorial: Psychotherapy, fascism and constitutional history: *Heward Wilkinson*

On harvesting diversities into a dynamic directedness: *Thomas Slunecko*

The dynamics of prejudice in central Europe: *John T. Salvendy*

Quality assurance in psychotherapy and counselling: *Chahid Fourali*

Successful psychotherapy of schizophrenia: patient and therapist look at a process: *Daniel Dorman*

Psychotherapy and the Law: *Annabell Bell-Boulé*
Therapeutic experience of ‘diversified task-oriented psychotherapy’ in Japan: *Hisao Watanabe*
Homosexuality and Paranoia: *M.M. Muchnik & E.M. Raizman*
Psychotherapy in Europe: *Michel Meignant*
Human rights and psychotherapy: *Francois-Henri Briard*
Response to Michael Pokorny: *Denis Postle*

Volume 4, Number 3, November 1999

Editorial: Doctrinal change in psychotherapy: *Heward Wilkinson*
Transference, politics and narcissism: *David Boadella*
Pluralism as scientific method in psychotherapy: *Heward Wilkinson*
Psychoanalysis and moral apathy: the case of the unpatriotic prostitute: *Carl Goldberg*

Volume 5, Number 1, March 2000

Editorial: Method in our madness, or madness in our method? The many faces of psychotherapy:
Heward Wilkinson
A constructivist attempts to talk to the field: *Geoff Heath*
Supervising across difference: *Judy Ryde*
Meditation: concepts, effects and use in therapy: *Alberto Perez-de-Albeniz & Jeremy Holmes*
Post-modern forms of subjectivity: *Marion Minerbo & Latife Yazigi*

Volume 5, Number 2, July 2000

Editorial: To know or not to know: science, beliefs and values in psychotherapy: *Heward Wilkinson*
Research ethics: *John Rowan*
The scientific ‘what!’ of psychotherapy: psychotherapy is a craft, not a science! *Courtenay Young
& Michael Heller*
The metaphysical and philosophical dilemmas of psychoanalysis: *Carl Goldberg*
Body Psychotherapy, trauma and the black woman client: *Joanne Ablack*
An inspired resurrection of Freudian drive theory: but does Nick Tooton’s Reichian ‘bodymind’
concept supersede Cartesian dualism? *Heward Wilkinson*
Psychodrama and the war: therapists’ dilemmas and challenges in work with an experiential-
educational psychodrama group: *Vladimir Milosevic*

Volume 5, Number 3, November 2000

Editorial: Psychotherapy as criticism; criticism as politics: *Heward Wilkinson*
Reconsidering communicative psychoanalysis: *Piers Myers*
The Self, the Field and the Either-or: *John Rowan*
Will the real Freud please stand up? The distribution of power between the unconscious and the
preconscious according to the ‘Traumdeutung’: *Andries Gouwes*
Diagnosis as care – diagnosis as politics: *Andreas Wehowsky*

Volume 6, Number 3, November 2001

Editorial: The fragility of identity, and the tenacity of the processes, in Psychotherapy: *Heward
Wilkinson*
Is there consciousness outside the Ego?: *Kenneth Newman*
Therapy as an alchemical process: *John Rowan*
Shifting paradigms—psychotherapy, neuroscience, and a changing world: the Seventh Professional
Conference of the UK Council for Psychotherapy: *Aaron Balick*
Chinese style psychoanalysis—assessment and treatment of paraphilias: exhibitionism, frotteurism,
voyeurism, and fetishism: *Yuci Tan, Youbin Zhong*

Volume 7, Number 1, March 2002

Editorial: The power and danger of pluralism in psychotherapy: *Heward Wilkinson*

Philosophy and psychotherapy: conflict or co-operation?: *Geoff Heath*
Retrieving a posthumous text-message; Nietzsche's fall: the significance of the disputed asylum writing, My Sister and I: *Heward Wilkinson*
A clinician's response to physical touch in the psychoanalytic setting: *Ellen L.K. Toronto*
Power, knowledge and resistance in therapy: exploring links between discourse and materiality: *Michael Guilfoyle*
The position of women in psychotherapy: *Cornelia Krause-Girth*

Volume 7, Number 2, July 2002

Explaining Psychotherapy and Psychotherapeutic Explanation: *Heward Wilkinson*
Psychoanalysis, psychodynamic psychotherapy, and the dialectics of self-examination: *Carl Goldberg*
Trauma and Disconnection: a trans-theoretical approach: *G. Straker, D. Watson & T. Robinson*
The Humorous Gaze: psychotherapy, the Internet and daily life: *Rose Friedler*
Reasons and psychological explanation: *Digby Tantam*

Volume 7, Number 3, November 2002

Pluralism and the basis of freewill in psychotherapy: *Heward Wilkinson*
Does a theory of mind matter? The myth of totalitarian scientism: *Geoff Heath*
The psychodynamics of the ECF-Nexus: monasticism and psychospeciation in Western Europe, ca. 500-1500 C.E.: *Paul Ziolo*
Imperatives and perspectives of psychotherapy integration: *John Nuttall*
The mortal storm: righteousness and compassion in moral conflict: *Carl Goldberg*

Volume 8, Number 1, March 2003

Editorial: Developments in the International Journal of Psychotherapy: *Heward Wilkinson*
The autonomy of psychotherapy--Why psychotherapy can be subordinate neither to psychology nor psychiatry: *Heward Wilkinson*
Philosophy of science? Epistemological category errors in psychotherapy discourse: *Petruska Clarkson*
The human being: J.L. Moreno's vision in psychodrama: *Norbert Apter*
Soul without skin, bones with no flesh: bodily aspects of the self in the treatment of women patients with restrictive anorexic eating patterns: *Yorai Sella*
Depressed women in psychotherapy: the nature and persistence of change: *Suzanna Lundblad*
Review Article: 'Impossible meeting: too strange to each other for misunderstanding', Darlene Bregman Ehrenberg's *The Intimate Edge*: *Heward Wilkinson*

Volume 8, Number 2, July 2003

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We are very sorry but, currently, we do not have any PDF files of these early issues.

We are working on it.

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